For parents/caregivers of children living with **narcolepsy**

Did you know?



Everyone with narcolepsy has excessive daytime sleepiness (EDS), the inability to stay awake and alert during the day or a persistent feeling of tiredness.



Approximately 170,000 people in the United States are living with narcolepsy. Symptoms of narcolepsy typically begin in childhood. Most people begin having symptoms of narcolepsy at 6 years of age and older.

Children with narcolepsy may experience EDS as poor school performance, hyperactivity, or trouble paying attention.

Is your child living with narcolepsy?

Is excessive daytime sleepiness (EDS) still interfering with their life?

Does your child still...



Fight to stay awake and alert throughout the day?



Feel a constant need to sleep that they can't shake?



Take long daytime naps, even if they are past the age of typical daytime napping?



Feel likely to doze off in less active situations, like when they are in class or doing homework?



Fall back to sleep after being awakened in the morning?

If you answered yes to any of these questions...



Talk with your child's healthcare provider about what they are experiencing.

For more information, visit <u>LivingWithNarcolepsy.com</u>

